



Kids around the clock Menu Autumn/ Winter

Week 1:	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Toast	Crumpets	Waffles	Potato Cakes	Tea cakes
Lunch	Cheese and Tomato Pasta bake with sweet Corn	Mild Mexican Chilly with Boiled Rice and Tortilla Chips	Chicken Roast Dinner	Lamb dumplings stew with Crusty Bread	Fish Pie with Steam vegs
Dessert	Strawberry Trifle	Mixed Berry Yoghurt	Semolina	Sponge cake with warm Custard	Short bread biscuits
Afternoon Snack	2x Fruits	2x Fruits	2x Fruits	2x Fruits	2x Fruits
Tea	Cheese and Tomato Pizza with potato wedges	Tuna pasta Bake	Vegetable spring roll and samosas with sweet Chill dip	Chicken Burgers with Chips	Chesses and Beans on Toast

Week 2:	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Bagels with Cream cheese	Breakfast Muffins	Scones	Blue berry Muffins	Cheese on Toast
Lunch	Breaded Fish with Sweet Potatoes and Mushy peas	Jacket Potato with Chasse Beans and coleslaw	Spaghetti meat balls with Garlic Bread	Creamy Chicken with Mushrooms ad Rice	Toad in the whole with mash and Gravy
Dessert	Rice Pudding	Pineapple upside down cake	Hot Banana Pudding	Gingerbread Man	Ice Cream
Afternoon Snack	2x Fruits	2x Fruits	2x Fruits	2x Fruits	2x Fruits
Tea	Chicken Burgers with Fries	Tuna or Chicken Sandwiches with veg sticks	Leak and Potato soap with Crusty Bread	4 Cheese Quiche with Beans	Chicken Bites with Mexican Rice



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Week 3:	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Hot Cross Buns	Potato Cakes	Crumpets	Brioches	Toast
Lunch	Lamb and Spinach Curry with rice and Mint yoghurt	Fish cakes with mash and veg	Vegetable Lasagne with Garlic Bread	Chicken Stir Fry	Beef Pie with roasted veg and potatoes with Gravy
Dessert	Flap Jacks	Fruit Crumble with Custard	Straw berry Mouse	Lemon and Sultanas cake	Banana Pancakes
Afternoon Snack	2x Fruits	2x Fruits	2x Fruits	2x Fruits	2x Fruits
Tea	Chicken quesadillas	Cous Cous with Chip peak Salad	Pitta Pockets with egg and cucumber salad	Macaroni and Cheese	Tomato and Bazile Soup

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Breakfast Muffins with Cheese	Croissants	Cinnamon rolls	Bagels with Butter	Breakfast Puffs
Lunch	Thai Chicken curry with rice	Beef and Mushroom stroganoff with Crusty Bread	Salmon and pea Risotto	Mixed bean and veg stew with cous cous	Sheppard's Pie with Vegetables
Dessert	Peach Fool Ripple	Mini Carrot Cake	Queen off Pudding	Fruit and Oats Crumble Sundae	Baked Apple and Cinnamon Bread pudding
Afternoon Snack	2x Fruits	2x Fruits	2x Fruits	2x Fruits	2x Fruits
Tea	Sausage Pasta	Whole English Muffins with variety Toppings	Veg stir fry	Lamb Kofta with Pitta	Stuffed Potatoes Skins with Cheese and Tuna